

# Virtual Summer School

Friday 5th June 2026



THE SMAE INSTITUTE™

The 2026 Summer School will be held virtually on Friday 5th June 2026. You can join us from the comfort of your home or watch the recorded lectures at your convenience. This format has been a big hit, and we can't wait to have you be part of it again. Prepare to be educated and inspired by an exceptional line-up of speakers!

“It's what you learn after you know it all that counts.”

Harry S. Truman



To book your place please call  
**01628 560654** or book online at  
**[smaeinstitute.co.uk/smae-store](https://smaeinstitute.co.uk/smae-store)**

SMAE Member: **£60**  
SMAE Student: **£45**  
Non-Member: **£70**

# Summer School Agenda 2026

**9.00am**

**Welcome by Tracey O’Keeffe**

**9.05am – 10.05am**

**Dr Chin Whybrew**

*MRCGP DPD*

**Spotting suspicious skin lesions – and what to do when you do!**

Skin cancers become commoner as we get older, and many are picked up incidentally. This talk will focus on what should catch your eye on a patient’s skin, how to assess for possible cancers, and what to do if you are worried about something you see.

**15 minute refreshment break**

**10.20am – 11.20am**

**Robert Isaacs**

*BSC (HONS), MRCOP*

**Lessons from history**

The year was 1780. The American War of Independence was in full swing. It was 73 years before Jon Snow (the other one) discovered that drinking contaminated water was why everyone kept dying of cholera, and 62 years before Crawford Long discovered that a whiff of ether substantially reduced the screaming when you chopped someone’s leg off. And a man called Laforest wrote the first Chiropody textbook, “L’Art du Chiropodiste”. 246 years later, we shall look back at the seminal text and examine the things we have learned since then, the surprising amount that he actually got right, and the lessons we can take from what has passed in the interim. Among other things, we will look at corns, bunions, chilblains, and nail pathology.

**15 minute refreshment break**

**11.35am – 12.35pm**

**Jennifer Ferguson**

*MSSCH MBCHA, HCPC REG PODIATRIST*

**The High Risk Foot in our everyday practice**

With increasing demands on the NHS, we are seeing increasing numbers of “high-risk” patients in our private practices. We will look at how we can do our best for those patients to reduce risk and prevent complications.

**12.35pm – 1.20pm**

**LUNCH BREAK**

**1.20pm – 1.35pm**

**Alan Postlethwaite – Hilary Supplies**

**Ingrowing nails – tips, tricks and tools of the trade.**

An insight to treating ingrowing nails conservatively without resorting to surgery and preserving the integrity of the nail. An illustration of technique using the best available tools and product to minimise invasion and a more comfortable process for the patient.



**1.40pm – 2.40pm**

**Dr Andrew Hill**

*DHealth; MSc Podiatry; PGCert L&T; FFPM RCPS(Glasg); FHEA; FSSCh; HCPC Registered. Programme Lead and Senior Lecturer – BSc (Hons) Podiatry (The SMAE Institute)*

**Maximising your referrals**

Discover how effective referral pathways directly improve patient outcomes. This session explores how clear communication, strong professional relationships, and thoughtful referral behaviours ensure patients reach the right clinician at the right time. Practical, ethical strategies to support better continuity of care for podiatrists and FHPs.

**10 minute refreshment break**

**2.50pm – 3.50pm**

**Jane Wigg**

*RGN MSC*

**Lymphoedema: Increasing understanding to change the trajectory of care**

A presentation exploring lower limb lymphoedema, helping build understanding of the condition, how to recognise it, and the principles of effective management. It focuses on improving care through increased awareness, early intervention, and practical approaches to support better patient outcomes.

**Can’t make the day? No problem! The presentations will be recorded, allowing all delegates booked on the event to revisit them at a later date**

# Meet the Lecturers

## Alan Postlethwaite

*Hilary Supplies*

Alan Postlethwaite is a Podiatrist in private practice, specialising in ingrowing nails and Biomechanics. Alan works with his daughter, also a Podiatrist and they have worked together in nail surgery and perfected conservative techniques to avoid surgery.

Hilary Supplies is a small family business established in 1985, wholesaling a select range of footcare products (creams, anti-fungal agents) and extremely high-quality nippers to practitioners.



## Dr Andrew Hill

*DHealth; MSc Podiatry; BSc (Hons); PGCert L&T; FFPM RCPS(Glasg); FHEA; FSSCh. Programme Lead and Senior Lecturer – BSc (Hons) Podiatry (The SMAE Institute)*

Dr Andrew Hill is an experienced podiatrist, academic leader, and researcher specialising in diabetes-related foot health, patient self-care behaviours, and health professional education. He is the programme lead and senior lecturer at The SMAE Institute in the UK and has over 19 years of clinical experience alongside more than 15 years in senior academic and strategic leadership roles. Andrew completed a Doctor of Health (DHealth) at the University of Bath in 2022, with research focusing on patient and healthcare professional perspectives on foot self-care behaviours in diabetes. His work explores the psychosocial and behavioural factors that influence engagement with preventive foot care, as well as the role of communication and education in reducing diabetes-related foot complications. He is an Executive Committee Member of Foot in Diabetes UK and a member of the Editorial Board of The Diabetic Foot Journal. He is also an Education Visitor for the UK Health and Care Professions Council and is currently a chapter author for the forthcoming 9th edition of Neale's Disorders of the Foot (expected 2026). Andrew has published extensively in peer-reviewed journals and contributes to national professional standards development. His combined clinical, research, and educational expertise provides a strong foundation for his presentations on diabetic foot examination and patient health behaviours, bridging evidence-based practice with real-world clinical application.

## Dr Chin Whybrew

*MRCGP DPD*

Dr Whybrew is a GP partner in Cheltenham and an executive committee member of the Primary Care Dermatology Society. Dr Whybrew has had an interest in dermatology since medical school, and teaches dermatology and dermoscopy for the PCDS, Cardiff University, and BNSSG and Gloucestershire ICBs. Dr Whybrew is particularly keen to expand the dermatology knowledge of primary care clinicians from all professional backgrounds, in order to benefit the general population.

## Jane Wigg

*RGN MSc*

Director of the Lymphoedema Training Academy

Jane Wigg is a global name in the field of lymphology practicing for more than 33 years. She is a multi award winning nurse consultant responsible for the first ICG imaging and mapping clinics to clinical practice and the UK development of FG-MLD (Fill & Flush).

Apart from clinical work, she is a writer, publisher and editor of many international lymphoedema related journals, but loves it most in front of an audience, inspiring and teaching others, in her role as Director of the Lymphoedema Training Academy. Her desire for better outcomes for those living with lymphedema and lipoedema is what fuels her passion

## Jennifer Ferguson

*MSSCh MBChA, HCPC Reg Podiatrist. Clinic Lecturer (The SMAE Institute)*

Jennifer has been in private practice, both clinic-based and domiciliary, for 25 years and for the past 3 years has been working as a Clinical Tutor/Lecturer on the FHP Diploma at The SMAE Institute.

## Robert Isaacs

*BSc (Hons) MRCOP*

Robert qualified in 2000 from the University of Brighton. He took a post in the NHS and remained there, taking on a specialist role in biomechanics in 2005. From 2005 until 2021, he worked as Lead Podiatrist in Biomechanical therapies, specialising in Paediatric Biomechanics and leading the Musculoskeletal Podiatry team for the West Kent locality. Robert has been involved in the delivery of several podiatry degree programs, including the Podiatry degree from QMU. He has also lectured on the MSc Biomechanics module for the University of Ulster and CESPU (a Portuguese university offering Podiatry). He has been an invited lecturer at the Langer Biomechanics Summer School, the Royal College of Podiatry annual conference, the British Chiropody and Podiatry Association annual conference and the Institute of Chiropody and Podiatry annual conference. He has written for several professional journals and writes a regular column for "ComMenT", the journal for CMT UK (a charity supporting people with Charcot Marie Tooth).

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Friday 5th June